The Better Meter is a snapshot of the YMCA’s efforts in partnership with a host of donors, members, partners, staff and volunteers to help Metropolitan Detroit children and families make every day better in the areas of:

- Family and Community
- Child and Youth Development
- Health and Wellness

Member engagement is flourishing.

In just one month, our members visited our YMCA over 5000 times! Yes, thousands are having healthy fun, safely, at the YMCA.

In January, we:
- Welcomed 1025 new members committed to living healthier lives.
- Launched over 300 group exercise classes and activities for all ages to keep living healthy.
- Produced 44 live virtual classes, so you can take the Y on the go.

We are very grateful we kicked off 2021 with a transformational contribution of $10 million from MacKenzie Scott.

This incredible gift will enable the YMCA to: modernize fun and welcoming indoor and outdoor activity spaces for children, families and seniors; expand our youth programs; grow our Y Nourish free food distribution program and stabilized our Y for future generations.

We distributed over 4000 meals at 6 locations in the tri-county area.

In January, we already served 1400 children through Y programs that support academic achievement, mental health, nutrition, and physical fitness.

Our YMCA team is 300 full & part time staff and over 200 volunteers. We are excited to welcome 8 new hires to help us better serve our community.

COMING SOON: More YMCA opportunities to serve (both paid and volunteer) for those 16 and up to give back to their community, stay tuned.

MAKE EVERY DAY BETTER

Join-Give-Serve with the YMCA

YMCA OF METROPOLITAN DETROIT
ymcadetroit.org

7 branches in Metro Detroit to serve you!

- BIRMINGHAM FAMILY YMCA
  400 E. Lincoln St, Birmingham
  (248) 644-9036

- BOLL FAMILY YMCA
  1401 Broadway, Detroit
  (313) 309-9622

- CARLS FAMILY YMCA
  300 Family Drive, Milford
  (248) 685-3020

- DOWNRIVER FAMILY YMCA
  16777 Northline Rd, Southgate
  (734) 282-9622

- FARMINGTON FAMILY YMCA
  28100 Farmington Rd, Farm. Hls
  (248) 553-4020

- MACOMB FAMILY YMCA
  10 North River Rd, Mt Clemens
  (586) 468-1411

- S. OAKLAND FAMILY YMCA
  1016 W. 11 Mile Road, Royal Oak
  (248) 547-0030